

**MEDICAL EXAMINATION – To Be Filled Out By A Licensed Physician And Returned To TCDC, P.O BOX 1476, HIXSON, TN 37343.**

**Campers Name** \_\_\_\_\_ **Campers Date of Birth** \_\_\_\_\_

This examination should be performed within 12 months of arrival at camp. Examination for some other purpose within this period is acceptable. Examination is for determining fitness to engage in strenuous activities.

Code: √ = Satisfactory    X = Not Satisfactory (explain)    0 = Not Examined

**PLEASE CIRCLE THE APPROPRIATE CODE AND DESCRIBE ABNORMAL FINDINGS**

Eyes	√	X	0	_____	Lungs	√	X	0	_____
Glasses/contacts				_____	Abdomen	√			X _____ 0
_____									
Ears	√	X	0	_____	Extremities	√	X	0	_____
Nose	√	X	0	_____	Spine	√	X	0	_____
Teeth	√	X	0	_____	Skin	√	X	0	_____
Throat	√	X	0	_____	Allergy	√	X	0	_____
Heart	√	X	0	_____	Pubertal?				Yes _____ No _____

Approximate average blood glucose level? \_\_\_\_\_ GlycoHgb \_\_\_\_\_ HgbA1c \_\_\_\_\_  
Insulin injection sites? \_\_\_\_\_

**If necessary to remove from a pump, or pump failure, what would your insulin preference be ?** \_\_\_\_\_

**What problems, if any, has this patient been having with the management of his/her diabetes?**  
\_\_\_\_\_  
\_\_\_\_\_

**Other medical history:** \_\_\_\_\_  
\_\_\_\_\_

**Recommendations and/or restrictions while in camp:** \_\_\_\_\_  
\_\_\_\_\_

**Describe any known PSYCHOLOGICAL problems, disorders or admissions. Please note any emotional stresses which might impact patient's behavior at camp:**  
\_\_\_\_\_  
\_\_\_\_\_

**General Appraisal:** \_\_\_\_\_  
\_\_\_\_\_

**I UNDERSTAND THAT I AM BEING ASKED TO CERTIFY THAT THE PERSON HEREIN DESCRIBED HAS NO CONTRAINDICATION, WHETHER PHYSICAL, EMOTIONAL, OR MENTAL, FOR PARTICIPATION IN CAMP ACTIVITIES. I CERTIFY THAT, UPON EXAMINATION OF THE PERSON HEREIN DESCRIBED, AND A REVIEW OF HIS/HER HEALTH HISTORY, NO PHYSICAL, EMOTIONAL, OR MENTAL CONTRAINDICATION EXISTS, IN MY OPINION, WHICH WOULD PREVENT SUCH PERSON FROM BEING ABLE TO ENGAGE IN CAMP ACTIVITIES, EXCEPT AS SPECIFICALLY NOTED ON THIS FORM.**

<b>PHYSICIAN'S SIGNATURE</b> _____	Printed Name _____	Date of Examination _____
	Address: _____	
	City _____, _____ Zip Code _____	
	Telephone Number ( _____ ) _____	
	Fax Number ( _____ ) _____	